



Christ & the Reclaiming Of Christ's Kingdom

## Rock Tribe Discipleship Assessment

**Introduction:** The Rock Tribe's vision is to be a cradle-to-grave, disciple-making, leader-developing movement that helps each person become like Christ in the context of a family-of-churches – Jesus Tribe. We believe that being a disciple and making disciples involves training people to love Jesus so much that they develop a pray, hear, obey lifestyle in all areas of life. The five core components of grace in the kingdom of God are: 1. Christ, 2. Community, 3. Character, 4. Calling, 5. Competency. DNA Groups and MKF's are disciple-making, leadership-development settings. A disciple-making culture involves spiritual parenting and training, helping others to be healed, whole, and mature in Christ. A disciple-making leader is an influencer who bears the weight of responsibility for others. The leader is responsible for helping people develop and grow in

- Right identity
- Right intimacy with God and others
- Right impact in the kingdom

We want to raise up disciples who become leaders with a heart of love for Jesus and others. Colossians 1:28

**Instructions:** An essential part of being an ever-maturing disciple of Christ is to have an accurate assessment of who you are, where you are at, and what are the areas that Christ is developing. Honest self-awareness is key to growth. The Bible describes five stages of development: 1. Infant, 2. Child, 3. Adult, 4. Parent, 5. Elder This assessment is a simple tool to help you take a look at your life, so that you can more fully receive the supernatural grace of God to "reign in life". Romans 5:17 Circle the level of development that you believe is true in your life. For example, circle the "1" if you are newly born-again as a new creation child of God. If you have obtained long term consistent maturity in your identity as a son/daughter, then you would circle the "5" signifying that you have become an "elder". You might want to refer to the "Maturity Skills Assessment" for a more comprehensive understanding of each developmental stage of growth.

1 = Infant    2 = Child    3 = Adult    4 = Parent    5 = Elder

**Christ—Christ inside of you as Lord.** We start with the your interior life – your identity, mind, heart, motives, inner-health.

1 2 3 4 5    Are you born-again, a new creation son/daughter? Have you been baptized in water?

Do you know how God sees you and how you are known in heaven? How consistently do operate in your true self as Father's child? Do you know yourself by the Spirit?

1 2 3 4 5    Have you been baptized in the Holy Spirit? If so, what does that look like in your life? If not, are you open to prayer for being baptized in the Holy Spirit? Are you being filled and led by the Holy Spirit throughout every day?

- 1 2 3 4 5 Is Christ living, growing, and expanding in your heart as King? Are you aggressively eliminating idols from your heart and life?
- 1 2 3 4 5 Do you have a daily Facetime with Jesus? If so, what does it look like? How is the Father speaking to you through His Written Word and by His Spirit (Logos Word and Rhema Word)? How are you cultivating intimacy with Jesus on a daily basis? Do you practice living consistently in the conscious Presence of God the Father, Son, and Holy Spirit--seeing God with the eyes of your heart? Do you regularly journal what the Holy Spirit is saying to you? Do you share what you have journaled with others? How often do you practice interactive gratitude? The Rock Tribe is endeavoring to grow in our right brain gazing on Christ, abiding, and communing with Him. This is called an "Immanuel Lifestyle". What is the quality and consistency of your "Immanuel Lifestyle"?
- 1 2 3 4 5 Christ & Kingdom. Are you submitted to Jesus as King in your life? Does he rule and reign in every area of your life? Are your finances in divine order? Do you tithe monthly? If so, what and how? If not, why not? Do you love obeying Christ? Do you obey Him quickly, completely, and cheerfully?
- 1 2 3 4 5 Body care—do you steward your body as a temple of the Holy Spirit by living a healthy lifestyle in areas of food, exercise, rest? Do you live in sexual purity and wholeness? Is your thought life pure and holy?
- 1 2 3 4 5 Soul care--Inner healing. Have you gone through both types of inner healing: a.) Immanuel Healing, b.) Prayers That Heal the Heart? If not, are you willing to in the near future? Are you open to receive training on how to do inner healings for others? We are endeavoring to grow in this competency so that it is normative to do inner healings with all those in our sphere of influence.
- 1 2 3 4 5 Do you live from heaven to earth? Do you define reality from God's vantage point?
- Do you believe that God is very good and that all things work together for good to those who love Him? Do you know and love God's word? Do you operate with a biblical worldview?

### **Community - Me inside of Christ's Body**

- 1 2 3 4 5 Describe the level of relational health and maturity in your natural family. What is the quality of relationships you have with your father, mother, siblings, relatives? Do you practice forgiveness, love, blessing, and honor in your natural family?
- 1 2 3 4 5 Have you connected and bonded with your spiritual family in what the bible calls "hesed" sticky love? Do you feel that God has sovereignly joined you with the Rock Tribe family-of-churches to the degree that you would do everything possible to "maintain the unity of the Spirit and the bond of peace". Ephesians 4:3 Are you as organically connected to the body of Christ in the same way your body parts are connected to one another? 1 Corinthians 12 Do you fight for unity and love? Will you do everything possible to stay connected to your spiritual family?
- 1 2 3 4 5 Do you forgive, bless, love, serve, and honor others as a way of life?
- 1 2 3 4 5 What stage of relational maturity are you at? Are you self-aware of your maturity level. See "Maturity Skill Assessment" Are you practicing and growing in all 19 relational brain skills?

1 2 3 4 5 Are you actively involved and committed to an MKF? Do you attend MKF regularly? Do you arrive on time? Do you stay and actively engage for the whole duration of the time together?

1 2 3 4 5 Are you in a consistent and thriving DNA Group? Are you willing to be in both a receiving and giving DNA--to meet with people for discipleship and be assigned a DNA for the purpose of outflow and discipleship?

1 2 3 4 5 Communication skills. At what level are you an active listener? Do people feel safe, loved, and heard by you? Can you hear and speak with clarity and accuracy. Can you communicate with illustrations, word pictures, stories, and personal examples? Do you share from the heart and with transparency?

1 2 3 4 5 Conflict Resolution skills. Are you quick to forgive? Do you practice pre-conceived forgiveness? Do you practice the Matthew 19 model of conflict-resolution? Are you caught in any cycles of offense? Do you love your enemies? When hurt and offended, will you do everything possible to be humble, take responsibility for your part in the problem, seek reconciliation and restoration? Do you hate division and discord to the degree that you will be a "peacemaker"?

1 2 3 4 5 Is there divine order in your marriage and family? In your relationships?

### **Character**

1 2 3 4 5 Describe your level of humility. What is the evidence that you completely rely on God as your Source of life?

1 2 3 4 5 Describe your level of joy and pleasure that is rooted in experiencing the goodness of God - physical, mental, emotional, spiritual? Do you practice returning to joy in 90 seconds? What is the level of joy you are currently experiencing?

1 2 3 4 5 Integrity, Honesty, Consistency. Do you keep your word? Does your secret private life bring glory to God?

### **Calling**

1 2 3 4 5 How clearly have you heard God's call on your life? Do you know God's primary purpose, desires, and "work" he has assigned you? Ephesians 2:10 Are you walking in your calling now? How effective are you? What is the fruit of your ministry? What is God's vision for your life? How does your vision sync with the vision of the Rock Tribe?

1 2 3 4 5 How are you living out the Great Commission to make disciples? Have you started with your neighbor (both literal and the people in your sphere of influence—work, school, recreational outlets)?

1 2 3 4 5 What are your current faith goals?

1 2 3 4 5 What are your current responsibilities, roles, and ways of serving in your local church and the Rock Tribe?

### **Competency**

1 2 3 4 5 How effective are you at worship, intercession, and spiritual warfare? Do you have a lifestyle of prayer, praise, and fasting?

- 1 2 3 4 5 How well do you know and practice your spiritual gifts?
- 1 2 3 4 5 Do you see yourself as a minister and missionary? How do you serve, minister, and reach out to others? Do you live a prayer, care, share lifestyle? How?
- 1 2 3 4 5 Do you make disciples as a way of life?
- 1 2 3 4 5 Are you effectively leading others? Who? How?
- 1 2 3 4 5 Do you know how to heal the sick, cast out demons, and perform inner-healing? How effective are you?
- 1 2 3 4 5 Are you leading a DNA Group?
- 1 2 3 4 5 What level of leadership are you providing in your MKF?